

## Understanding a Nonbeliever

15 November, 2020

This week I was looking through the Biblical Counseling Coalition website, in hope to find an article that I could study and learn from for this week's assessment. I saw an article referring to resistance and chose the article immediately. This has been one of my biggest questions throughout my research so far. Many of the professionals that I interviewed briefly discussed this topic with me, however I felt that this article was much more helpful in the way the author was able to spell everything out. I was able to have a deeper understanding about how to incorporate faith into a session and how to handle resistance from a person. One of the biggest things that I realized is how even as Christians we are quicker than we think to judge others. When it comes to people's moral standards, Christians have fairly high standards because of what the Bible tells us. This does not mean that we follow it all the time, because every Christian is still a sinner, however I believe most Christians have the goal to live like Christ and try their best to stay within the moral standards. On the other hand, people who aren't Christians are often looked down upon by Christians, not intentionally, but just because they choose to make some choices that many Christians would disagree with. However, after reading this article I had the realization that the reason why some people make the choices they do, is because they don't know any better. People who

don't know the truth are not going to be aware of some moral standards that Christians have. This is why as a counselor it's important to be loving and understanding to non believers, because chances are the choices they are making are only because they haven't been taught differently. Although this realization of mine does not directly relate to the article that I read this week, I was still able to get this from Andrew Dealy's words.

**References:**

"Facing Resistance." *Biblical Counseling Coalition*, 26 Oct. 2020,

[www.biblicalcounselingcoalition.org/2020/10/26/facing-resistance/](http://www.biblicalcounselingcoalition.org/2020/10/26/facing-resistance/)