

Product Set-up & Completion Summary

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Introduction and Statement of Purpose

After a year of research, interviews, and my own counseling sessions, I decided that the best way I could close my ISM experience is by creating a few devotionals that would discuss topics that are crucial for high school girls. My goal is to use my past experiences to help guide girls who are beginning high school to lean on Jesus rather than falling into the temptations of the world.

Review of Skills and Research

Research Topics: I used my past experiences dealing with friendships, beauty, forgiveness, stress and worry, christian community, and parents in order to write each of my devotionals.

Skills: I had the privilege of interviewing counselors at the start of the year, doing research, and forming my own relationships with my mentor who also became my counselor. I was able to take what I had learned from these people in order to write my devotionals along with what I had personally learned the past few years of highschool.

Methodology

Participants: N/A

Materials: I used scripture from my personal bible along with the site Wix to organize my pieces.

Description of Process and Procedures:

I began this process knowing that I wanted to write devotionals for teenage girls, however I didn't know how that was going to look. I started by looking at devotionals I had on hand for inspiration, however I decided that in order to really be vulnerable and share my experiences, I wanted my devotionals to be much longer and in depth than the average daily devotional books. I made them almost like informative articles rather than short devotionals like I originally planned. I knew I first wanted to write about friendships because it was something I had been currently dealing with and was actually quite therapeutic writing it due to my current friendship issues. I then knew I wanted to discuss christian community and how much it impacted my life throughout high school when I did not have it. Next I got to sort of a plateau because I had discussed multiple points in my first two devotionals that I wanted to discuss in my other ones, so I ended up going back and skimming the already written ones in order to pull info from them to use in my newest devotional. Next I was able to write three more devotionals once I had finally decided which topics I wanted to discuss. This then ended with me uploading each devotional to my digital

portfolio where I tweaked them again and eventually submitted them to be live so anyone can now view them!

Utilization of Higher-Level Thinking Skills

This project forced me to really think critically about how I can find a way to discuss my experiences in a fairly condensed manner that made sense, was helpful, and ultimately made an impact. I also had to do lots of searching and research in order to find scripture that matched the topic I wanted to discuss. It was also difficult at times when I genuinely had no idea what to write about or if anything I was saying made sense. Eventually, I was able to come up with outcomes that I think work best for my overall goal.

Results

Since I was not exactly studying anything for this project, there weren't "results". However, I was glad that I was able to thoroughly put my thoughts down into words in ways that were useful and will hopefully be beneficial to anyone who reads them, which was in fact my overall goal.

Conclusions/Interpretations

All in all, I am very proud of my final product. I achieved my goal of writing about topics that will be relatable and easy to understand. I think any teenage girl going into high school or who is currently in high school would highly benefit from what I took the time to write. I think it as well helps bring girls' minds back to what is really important, rather than getting caught up in drama and other worldly issues.

Application/Meaning

My product can be used to guide girls away from the toxicity of the world and remind them to look to Jesus in times of need. It's also very relatable. It allows other girls to not feel crazy for dealing with certain issues seeing that someone else did as well. Plus, it gives them hope in Jesus rather than relying on materialistic things to bring them happiness. I learned a lot about myself during this process. I was able to really reflect on my high school experience as a whole and see how much I have grown over the past few years. It's also mind blowing to me to see how certain things that worried me for so long aren't even worth my time or energy anymore. I feel very content and ready for college after completing this product and hope that I can help other girls become ready for college as well.